SRC - Student Recreation Center

Athletic wear only; no open-toed shoes. | No bare or sock-feet.

FACILITY USE POLICY

- All patrons must have a valid ID or sign-in on guest waiver.
- Please wipe down equipment after use.
- No tobacco products of any kind.
- No spitting.

WEIGHT ROOM

- Please allow others to work in with you on your sets.
- Chalk in any form is not allowed.
- Please use spotters if you are lifting heavy.
- Return weights to their proper places and do not hoard multiple sets of equipment. (See above: 'allow others to work with you on your sets')

CARDIO EQUIPMENT

- Please wipe down equipment after use.
- Bring a sweat towel and change your shirt if necessary.

GROUP EXERCISE ROOM

- Do not remove equipment from the room without permission.
- The equipment supply room is to remain locked unless during class.
- Equipment in the equipment supply room is for class use only.

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