

# PREPARING FOR A OCCUPATIONAL THERAPY ASSISTANT PROGRAM

## WHAT IS OCCUPATIONAL THERAPY ASSISTANT?

Occupational therapy assistants and aides help patients develop, recover, improve, as well as maintain the skills needed for daily living and working by collaborating with occupational therapists to develop and carry out a treatment plan for each patient.

For more Career Resources to help you explore the possibilities, see the other side.

### WHAT DEGREE DO I GET AT WWCC?

For most Health Technology Degrees, the Associate in Arts-DTA works to incorporate prerequisite courses at WWCC in your education plan. Below are recommended courses to prepare you for this type of program. Check out www.wwcc.edu/associateinarts for specific degree requirements.

## **RECOMMENDED COURSES**

Every program / institution may require slightly different prerequisites. It is highly recommended that you speak with a representative at the future institution to identify specific prerequisite coursework or other requirements to be ready for your program (eg-minimum GPA requirements) and work with your advisor to develop an Education Plan including proper courses.

The courses listed below are recommended only, completion of these courses does not guarantee admissions to institutions or programs

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COMMUNICATIONS (13 CREDITS REQUIRED)	QUANTITATIVE (5 CREDITS REQUIRED)			
<ul><li>ENGL&amp;101-Composition I</li><li>CMST&amp;220-Public Speaking</li></ul>	MATH&146-Introduction to Statistics			
HUMANITIES (15 CREDITS REQUIRED)	SOCIAL SCIENCES (15 CREDITS REQUIRED)  PSYC&100-General Psychology SOC&101-Intro to Sociology			
NATURAL SCIENCES (15 CREDITS REQUIRED)	ELECTIVES (24 CREDITS REQUIRED)			
<ul><li>□ BIOL&amp;160-General Biology</li><li>□ BIOL&amp;241-Anatomy &amp; Physiology I</li><li>□ BIOL&amp;242-Anatomy &amp; Physiology II</li></ul>	<ul><li>CS110-Intro to Computer Applications</li><li>BUS280-Medical Terminology</li></ul>			
The AA degree requires an additional 3 credits for Physical Activity courses, First Year Experience, and a Diversity course for completion.  Important Notes:				

While an advisor is available to help research and plan courses, it is the student's responsibility to research and communicate with schools and programs to which they intend to apply to verify prerequisites and requirements as these vary and are subject to change. Please check out the links to schools available at www.wwcc.edu/health-technology

Some programs may have specific courses other than those listed above. Some programs accept BIOL&175 rather than the Anatomy & Physiology sequence.

### Some schools with a Occupational Therapy Assistant Program:

**Bates Technical College** Green River Community College Lake Washington Technical College Linn-Benton Community College Spokane Falls Community College

This is general guide for planning purposes and does not include specific dates for specific schools; that information must be obtained from your prospective colleges and universities. For more Planning Tips and Resources for this pathway, see the other side.

## PROFESSIONAL ORGANIZATIONS IN OCCUPATIONAL THERAPY ASSISTANT

American Occupational Therapy Association - www.aota.org

## **CAREER RESOURCES**

For more information and resources, please visit our Career website at: <a href="https://www.wwcc.edu/career-services">www.wwcc.edu/career-services</a>

## **TIPS FOR PREPARING**

Please visit the Health Technology page at <a href="www.wwcc.edu/health-technology">www.wwcc.edu/health-technology</a> for a full listing of regional programs. Use this information to determine deadlines, start dates, additional prerequisites for programs, information sessions, and contacts.

Most programs require volunteer experience prior to application.

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