



Walla Walla Community College Counseling Services
Student Success Center
500 Tausick Way, Walla Walla, WA 99362
Caley Moyer, LMHC: (509) 209-8996 or caley.moyer@wwcc.edu
Paris Davis, MSW: (509) 223-2026 or paris.davis@wwcc.edu
Webpage: <https://www.wwcc.edu/advising/personal-counseling/>

Informed Consent/Disclosure Agreement for In-Person Services

Counseling is a professional relationship that offers a comfortable environment and compassionate support for students. Counseling is available to all currently-enrolled WWCC students, free of charge. WWCC Counseling provides assistance with emotional, psychological, social, and behavioral factors that may interfere with your academic success at WWCC. As an individual, you have a right to know what that service is and to choose a counselor who best suits your needs and purposes. Please read this disclosure statement, and if you have any questions, discuss them with your counselor. Thank you.

Counseling Services: We offer short-term, individual counseling as defined in two formal levels of service: (1) up to six, 50-minute sessions per academic year, or (2) for students living with persistent mental health challenges and/or participating in counseling services in the community, we offer periodic, 30-minute, therapeutic check-in appointments throughout enrollment at WWCC. If more sessions are needed, you can discuss this with your counselor. Drop-in appointments are offered, subject to availability. Students who identify urgent needs will be seen as soon as possible. Due to the nature of our specialized services and the limited scope of service, if you require services that are outside the scope of assistance provided by our department and/or involve long-term intensive, specialized care or hospitalization, WWCC Counselors reserve the right to refer you to an appropriate mental health provider in the community or refuse services. It is the expectation that students with significant mental health issues be referred, and participate in mental health services in the community. Counseling services do not include providing diagnosis and documentation under insurance reimbursement, formal assessment related to Americans with Disabilities Act (ADA), or documentation for court purposes. Students that are unable to participate in services on campus may call counseling services to discuss telemental health services offered. Telemental health services are only offered to those students that can be physically located in the state of Washington at the time of service. If telemental health is not available counselors will provide you with resource information and referral to community counseling providers in your area.

Appointments: Individual counseling services are available Monday-Friday, 8:30 am to 4:30 pm during fall, winter, and spring quarters. We provide limited access to counseling services in summer quarter. Appointments to see a counselor may be scheduled through the Student Success front desk (located in the main building D), in person or by phone (509) 527-4262. If an appointment is missed (no call/no show), staff may attempt to contact you one time to reschedule the appointment using your preferred method of contact listed:

- Phone: _____, permission to leave voicemail? Yes or No (circle one) and/or
- Student Email: _____ (**Please be aware, WWCC e-mail is not a secure or confidential means of communication. Information sent by e-mail through a state agency is public record. Do not send sensitive information via e-mail.*) Your student email is the most secure address staff can use to initiate communication with you and therefore, is the only email address we will use to communicate with you.

The best way to contact your counselor between sessions is calling them on their remote work phone number (Dialpad) and leaving a voice message if they are not available to answer. **Caley Moyer: (509) 209-8996 or Paris Davis: (509) 223-2026.** Your counselor will respond to your messages within 24 business hours. Please note that your counselor may not respond at all on weekends, holidays, or vacations. Your counselor may also respond sooner than stated in this policy. That does not mean they will always respond that quickly.



Walla Walla Community College Counseling Services
Student Success Center
500 Tausick Way, Walla Walla, WA 99362
Caley Moyer, LMHC: (509) 209-8996 or caley.moyer@wwcc.edu
Paris Davis, MSW: (509) 223-2026 or paris.davis@wwcc.edu
Webpage: <https://www.wwcc.edu/advising/personal-counseling/>

Emergency/Crisis Resources: If you require emergency services when WWCC staff are unavailable, please use the following as they have 24-hour availability:

- 911 (9-911 from a campus phone)
- (509) 524-2999 - Walla Walla County Crisis Response Unit
- National Suicide Prevention Lifeline: 1-800-273-TALK (1-800-273-8255)/Veterans press 1
- Crisis Text Line – Text HOME or HEAL (in WA) to 741741 for free, 24/7 crisis support in the US

Student Rights and Responsibilities: Individual counseling appointments are scheduled for 50 minutes in length and therapeutic check-ins are scheduled for 30 minutes in length. If you are unable to keep an appointment, please cancel at least 24 hours in advance so that your time may be given to another student. The counseling service providers reserve the right to refer students who miss two or more appointments or, demonstrate a pattern of canceling and rescheduling appointments to community providers. In these instances, no additional appointments will be scheduled until the following quarter.

Students have the right to refuse any proposed intervention or services. While it is our intention to help you feel better, counseling offers no guarantees that you will reach particular goals or experience specific outcomes. You have the right to request a change in counseling approach or counselor (upon availability at the college or in the community) that will best suit your needs. If your mental health needs are beyond the professional scope of practice of your counselor, you will be referred to an appropriate community resource. If you have a complaint or concern regarding your counseling experience, please bring this to your counselor’s attention. Our experience suggests these discussions can be valuable. If this discussion is not to your satisfaction, or you feel you cannot discuss with your counselor, please contact the Assistant Dean of Student Success, Debra Erikson (509) 527-1865, or contact the Washington State Department of Health, Health Systems Quality Assurance (HSQA) Complaint intake, P.O. Box 47857, Olympia, WA 98504 [(360) 236-4700] to obtain a copy of the acts of unprofessional conduct listed under RCW 18.130.180 or to file a complaint.

Safety and Emergency Plan

Your counselor will develop a plan with you for what to do during mental health crises and emergencies. It is important that you engage with your counselor in the creation of this plan and that you follow it when you need to. As part of the plan an emergency contact person is important. You will need to provide permission for your counselor to communicate with this person about your care during crises and emergencies.

Emergency Contact I give WWCC Counseling Services staff permission to contact the following person in case of an emergency or mental health crisis.

Name of Emergency Contact: _____ Phone #: _____

Relationship to Student: _____

Signature of Student: _____ Date: _____

Termination of Services: If more than 30 days have passed since our last contact, and the Counselor has not received any word from you, counseling services will accept that as your notice that you no longer wish to



Walla Walla Community College Counseling Services
Student Success Center
500 Tausick Way, Walla Walla, WA 99362
Caley Moyer, LMHC: (509) 209-8996 or caley.moyer@wwcc.edu
Paris Davis, MSW: (509) 223-2026 or paris.davis@wwcc.edu
Webpage: <https://www.wwcc.edu/advising/personal-counseling/>

continue counseling and that the counseling relationship has ended. You may re-engage in counseling services at any time, as a currently enrolled student, by contacting the Student Success Center front desk (main building D) in-person or by phone (509.527.4262).

Fees: Counseling services at WWCC are free for currently-enrolled students. Payment for counseling services obtained outside of WWCC is the student's responsibility.

Confidentiality: Information disclosed by the student during counseling is protected under confidentiality regulations of Washington law (RCW 18.225.100), but information may be released under the following exceptions as mandated by Washington law (RCW 18.225.105):

1. With your written authorization for use and disclosure of information, or in the case of death or disability, the authorization of your personal representative.
2. To any individual if the counselor reasonably believes that disclosure will avoid or minimize a serious, foreseeable or imminent risk to you or any other individual.
3. When there is reasonable cause to believe that a child, dependent adult or vulnerable person is being or has been abused or neglected.
4. When the student waives the privilege of confidentiality by bringing charges, complaints, lawsuit or dispute against the counselor.
5. If the counselor receives a subpoena from the court to provide information. If this happens, only the minimum information necessary to satisfy the court's order will be provided.

Consultation: For your benefit and your counselor's continued professional development, your counselor may seek consultation from other professionals as needed and in accordance with the highest standards of practice. Consultation is conducted anonymously so that your confidentiality is preserved. WWCC also has a CARE Team that reviews cases of students demonstrating behavioral issues and/or emotional distress in order to help the student succeed and to ensure the safety of students and the college community as a whole. In cases where the counselor reasonably believes there is a serious, foreseeable or imminent risk to you or another individual(s), counselors reserve the right to notify the CARE team. In such a case, the information shared will be limited to only as much as is necessary to mitigate the risk.

Records: A written record of the services provided to you is kept by your counselor. You may ask to see and copy that record. You may also ask to have that record amended, if you believe the information within is in error. These records are kept for five years after termination of the counseling relationship (WAC 246-809-035).

About our Counselors

Caley Moyer, MA, LMHC (License # LH60921595)
509.209.8996 caley.moyer@wwcc.edu

Education, Training, and Experience: I hold an MA in Counseling Psychology from Walla Walla University and a Bachelor of Arts in English and Philosophy from Gonzaga University. I was a Clinical Manager of a counseling charity in England as well as a Senior Wellbeing Practitioner at the University of the West of England in Bristol. I have extensive experience working with college students on therapeutic issues such as academic stress,



Walla Walla Community College Counseling Services
Student Success Center
500 Tausick Way, Walla Walla, WA 99362
Caley Moyer, LMHC: (509) 209-8996 or caley.moyer@wwcc.edu
Paris Davis, MSW: (509) 223-2026 or paris.davis@wwcc.edu
Webpage: <https://www.wwcc.edu/advising/personal-counseling/>

relationships, bereavement, depression, anxiety, as well as crisis intervention and long-term mental health difficulties.

Techniques Used: My approach to counseling is student-centered, meaning that I use different therapeutic approaches that are tailored to your unique needs. One of the goals of counseling is to help you examine thoughts, feelings and behaviors that lead to personal growth, well-being and achievement. Part of this process is identifying obstacles and ways to overcome them. This can be accomplished through strategies such as talk therapy; the development of problem-solving and resilience skills; as well as relaxation and self-care exercises. My role is to assist you in identifying your strengths, manage difficulties and help you to enjoy your academic and personal life.

Professional Memberships: American College Counseling Association (ACCA)

Paris Davis, MSW, SWAIC

(Social Worker Associate Independent Clinical License #SC60699566)
509.223.2026 paris.davis@wwcc.edu

Education, Training, and Experience: I hold a Master of Social Work degree from Eastern Washington University (2005) and a Bachelor's degree in Psychology from Washington State University (2003). I currently hold a Social Worker Associate Independent Clinical License in the State of Washington (#SC-60699566) and have received the required clinical supervision and am preparing to take the Association of Social Work Boards clinical exam for full licensure. Before joining WWCC Counseling Service, I worked as a Community Mental Health Therapist and Designated Crisis Responder in our region. I have worked as a hospice social worker and for a contractor for the State of Idaho to manage funding for substance use disorder treatment and employee assistance program benefits. I have extensive experience working in the social services and healthcare fields assisting people of all ages with therapeutic issues such as stress, illness, trauma, relationships, grief and bereavement, positive change, crisis intervention and issues related to severe and persistent mental health disorders.

Techniques Used: My approach to counseling is strength-based and student-centered. The strengths-based approach is a social work theory that emphasizes self-determination, self-compassion and strength. Strength-based counseling supports a student-centered focus, meaning our collaborative goal is to support you in finding interventions for your unique needs, using various therapeutic models. My approach aims to help you examine thoughts, feelings and behaviors that lead to personal growth, well-being and achievement. Part of this process is problem-solving to overcome barriers. My style focuses on working with you to identify the strengths and skills you already possess while providing compassionate guidance toward your goals.

Professional Memberships: I am a member of the National Association of Social Workers (NASW) & the American College Counseling Association (ACCA).



Walla Walla Community College Counseling Services
Student Success Center
500 Tausick Way, Walla Walla, WA 99362
Caley Moyer, LMHC: (509) 209-8996 or caley.moyer@wwcc.edu
Paris Davis, MSW: (509) 223-2026 or paris.davis@wwcc.edu
Webpage: <https://www.wwcc.edu/advising/personal-counseling/>

Acknowledgement of Receipt of Counseling Services Disclosure Agreement

My signature below indicates that I have read and fully understand the information presented here and agree to WWCC counseling services under the above terms. I also acknowledge that I have received a copy of this statement.

Student Name (printed)

Student ID #

Student Signature

Date

Counselor Signature

Date