

Walla Walla Community College Covid-19 Reentry Safety Training



Know About Covid-19

- **Coronavirus (COVID-19) is a respiratory illness caused by a new or “novel” coronavirus not identified in humans before December 2019**
- **The virus that causes COVID-19 is a new coronavirus that has spread around the world**
- **COVID-19 symptoms can range from mild (or no symptoms) to severe illness**
- **Individuals who are not showing symptoms may still spread the virus**

Know How Covid-19 is Spread

- **You can become infected by coming into close contact (about 6 feet) with a person who has COVID-19, as it is primarily spread from person to person**
- **You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks**
- **You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes**

Know Your Risk for Severe Illness

- **Everyone is at risk of getting COVID-19**
- **Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness**

Protect Yourself & Others

- <https://youtu.be/9Ay4u7OYOhA>
- There is currently no vaccine to protect against COVID-19; the best way to protect yourself is to avoid being exposed to the virus that causes it
- Stay home as much as possible and avoid close contact with others
- Wear a cloth face covering that covers your nose and mouth in public settings
- Clean and disinfect frequently touched surfaces

Basic Hygiene

Germs can spread when you:

- **Touch your eyes, nose, and mouth with unwashed hands**
- **Prepare or eat food and drinks with unwashed hands**
- **Touch a contaminated surface or objects**
- **Blow your nose, cough, or sneeze into hands and then touch other people's hands or common objects**

Basic Hygiene

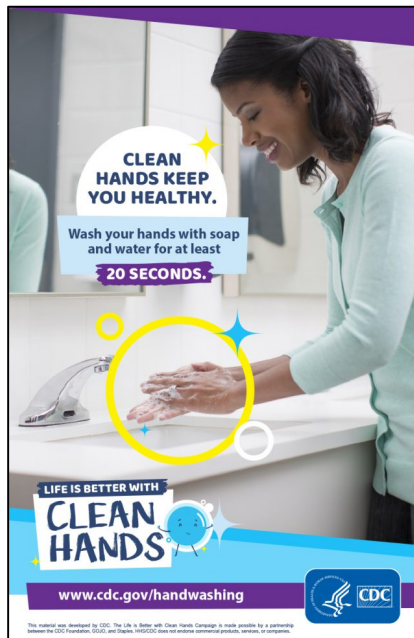
- **Wash hands or use sanitizer frequently and after coughing, sneezing, blowing nose, and using the restroom**
- **Avoid touching your nose, mouth and eyes**
- **Cover coughs and sneezes with tissues or use your sleeve**

Basic Hygiene

- **Dispose of tissues in not touch bins**
- **Avoid close contact with others (6 feet)**
- **Avoid shaking hands/wash hands after physical contact with others**

Handwashing

- The CDC recommends washing your hands often with soap and water for at least 20 seconds, or using an alcohol based hand sanitizer that contains at least 60% alcohol



Washing your hands with soap and water is the **most** effective method to prevent transmission

Five Steps to Proper Handwashing

Follow these five steps every time:

- 1. Wet your hands with clean, running water (warm or cold), turn off the tap, apply soap**
- 2. Lather your hands by rubbing them together with the soap; lather the backs of your hands, between your fingers, and under your nails**
- 3. Scrub your hands for at least 20 seconds; need a timer- hum the “Happy Birthday” song from beginning to end twice**

Handwashing, cont.

Follow these five steps every time:

4. Rinse your hands well under clean, running water

5. Dry your hands using a clean towel or air dry them

- <https://youtu.be/d914EnpU4Fo>

(Note: above video has no sound- only text)

Practice Social Distancing

Limiting face-to-face contact with others is the best way to reduce the spread of COVID-19:

- **Stay home as much as possible**
- **If you must go out, stay at least 6 feet away from others and wear a cloth face covering**
- **Do not gather in groups**
- **Stay out of crowded places and avoid mass gatherings**

Feeling Sick?

- **Stay home when you are feeling sick**
- **Yes, it's that simple!**

Prevent Spread If You Are Sick

- **Stay home when sick, except to get medical care**
- **Stay in touch with your doctor– call ahead before you seek care**
- **Avoid public transportation, ride-sharing, taxis**
- **Separate yourself from other people and pets in your home**

Prevent Spread If You Are Sick

Monitor your symptoms—call 911 or your local emergency facility if you experience any of the following emergency warning signs:

- **Trouble breathing**
- **Persistent pain or pressure in the chest**
- **New confusion**
- **Inability to wake or stay awake**
- **Bluish lips or face**

This list is not all possible symptoms; call your medical provider for any other severe or concerning symptoms

Face Coverings

- **Cloth face coverings are not the same as medical facemasks, surgical masks or respirators**
- **Cloth face coverings prevent the person wearing them from spreading respiratory droplets when talking, coughing, sneezing**
- **Wearing the covering protects others from you and you from others**

Proper Use of Face Coverings

- **Mouth and nose must be fully covered**
- **Mask must fit snugly against the side of the face**
- **Make sure you do not have any difficulty breathing while wearing the face covering**
- **The cloth covering should be tied or secured to prevent slipping**
- **Avoid touching your face as much as possible**
- **Keep the covering clean**

Proper Use of Face Coverings, cont.

- **Clean hands with soap and water or hand sanitizer immediately before putting on, after touching or adjusting, and after removing the cloth face covering**
- **In general, washable face coverings should be washed after each daily use or when soiled, using mild detergent and water and then dried in a hot dryer, and then stored in a clean container or bag until needed**

Spring Quarter Reentry Process



Reentry Practices and Procedures

- **A Covid-19 Program Supervisor will be designated for each instruction location/course; this will typically, but may not always, be the course instructor**
- **The Program Supervisor's name and information will be posted at each site; they are responsible for ensuring compliance with the reentry plan and safety procedures**
- **If you have a safety concern while in your lab or shop, please report it to the Program Supervisor**

Reentry Training

- **Prior to being allowed in the lab or shop you must have completed this safety training, and your participation must be documented**
- **The Program Supervisor will present additional trainings at the start of each week in the lab or shop**

Reentry

- **Each student and employee must be wearing a face covering at the time they enter a building**
- **Employees and students are encouraged to provide their own face coverings (and eye protection) as long as they have been verified by the Program Supervisor as meeting standards**
- **A limited number of face coverings are available to be provided for employees and students who do not arrive with their own**

Reentry

- **Face coverings must be kept on the person when not in use such as during breaks exterior from the instruction area (in plastic bags in pockets for example)**
- **Each student and employee will be provided gloves, plus eye protection if they have not provided their own**

Reentry

- **Students and employees are expected to maintain their PPE**
- **Program Supervisors or instructors will notify students prior to the first day with specific directions regarding the entry location, date and time**

Daily Health Screening

- **Prior to being allowed in the lab or shop your temperature will be taken by the Program Supervisor using a no-contact thermometer; it must register below 100.4**

Daily Health Screening

- **You will also be asked if you have any new:**
 - **Fever**
 - **Cough**
 - **Shortness of breath**
 - **Fatigue or muscle aches**
 - **Loss of taste or smell**
 - **Chills**
 - **Diarrhea or vomiting**

Daily Health Screening

- **Results of the screening will be recorded by the Program Supervisor and will be maintained for at least 4 weeks**

Daily Health Screening

- **Upon entering the building all persons must wash their hands following the established protocols prior to putting on gloves**
- **Handwashing protocols must be repeated anytime someone enters the area after leaving for a break, meal, etc.**
- **WWCC will also provide hand sanitizer in every instruction area**

Daily Site Use

- **Program Supervisors will notify all students and employees which restrooms are to be used and which spaces may be used for meal breaks if meals are being permitted within the instruction area (permission to eat onsite varies by program)**
- **No persons will be allowed to visit or congregate in interior spaces or use exterior tables or spaces not identified by the Program Supervisor**

Cleaning

- **All lab/shop/work areas to be used will be thoroughly cleaned and disinfected prior to each use by a class**
- **Additional cleaning and sanitizing will be undertaken any time equipment must be shared or used by another person**
- **Additional cleaning and sanitizing may be necessary depending on lab/shop activities and as deemed necessary by the Program Supervisor**

Cleaning

- **Students and employees will receive instructions from the Program Supervisor regarding any sanitizing processes they must complete during their time in the instruction area**

Cleaning and Disinfecting

- **WWCC will be providing Virex Disinfectant in the lab/shops**
- **To properly use Virex:**
 - **Wash hands thoroughly with soap and water, dry hands, and put on a pair of gloves**
 - **Continue to wear or put on safety glasses**
 - **Spray the Virex on the surface to be disinfected and wait 10 minutes**

Cleaning and Disinfecting, cont.

- **Wipe the area with the provided rag after the 10 minutes has passed**
- **Virex is safe to be used on most surfaces, including keyboards**
- **Place all used rags in the provided plastic bag**
- **Properly dispose of used gloves in a trash receptacle**

Reentry Practices and Procedures

- **A list of COVID-19 safety requirements and policies will be posted in all locations where instruction will be conducted**
- **WWCC will ensure that the instructional spaces are set up to provide at least a six foot distance between all students and instructors/employees**
- **Gatherings of any size and choke points will be monitored by the Program Supervisor so that social distancing protocols are enforced properly**

Reentry Practices and Procedures

- **Any additional required PPE beyond face coverings, gloves and eye protection will be provided to students and employees**
- **The Program Supervisor will monitor to assure that face coverings are worn at all times by every employee and student**
- **All activities will be ended and students and employees sent home if required PPE is not available or used**

Reentry Practices and Procedures

- **WWCC will follow industry standards in all settings; signage for when and how to wash hands properly will be posted**
- **WWCC will also provide alcohol-based hand sanitizers with greater than 60% ethanol or 70% isopropanol**
- **Recommended disinfectants and sanitizers with proper application tools and information for proper use will be available at all times**

Reentry Practices and Procedures

- **Employees and students will be advised to stay home or leave the location if they are feeling sick or have been in close contact with a confirmed, positive case, and will also be told to seek medical attention and inform the Program Supervisor or course instructor if they develop any of the COVID-19 symptoms**

Reentry Practices and Procedures

- **Employees and students will be informed they must notify the Program Supervisor or course instructor if they have a sick family member at home with Covid-19, and that they must then follow the isolation/quarantine requirements established by the State Department of Health**

Reentry Practices and Procedures

- **If a student or employee feels unsafe to attend class they will be allowed to remove themselves from participating; students will be allowed to fulfill the course requirements at another time without detriment to their financial aid status or GPA**
- **Failure to comply with all policies and procedures set forth will result in students and employees being sent home**

