Summer Sustainability Schedule

As we did last year, the college began a four-day/10 hour per day work week. The majority of the WWCC main campus and Clarkston Center will operate on a Monday–Thursday work schedule. The college will be open for business from 7:30 am through 5:30 pm, Monday through Thursday (closed on Fridays), June 21 – September 3. While the DOC will remain on a regular schedule, some departments on the main campus may work partial Fridays to meet workload demand. Sustainability Fridays include:

- July 30
- August 6
- August 13
- August 20
- August 27
- September 3

Top Employees Named at Reception

Three WWCC staff members earned the votes and respect of peers last month when they were named outstanding employees of the year during the annual retirement reception. Winners included Jennie Charlo, Classified Staff, Clarkston; Jan Kruper, Faculty; and Terri Johnson, Exempt.

Two penitentiary employees were also honored. Chet Mills received the WWCC Contract Staff Person of the Year Award and Carolyne Meagher was presented with a Safety Recognition award.

Employees who retired during the 2009-2010 school year include:
- Carolyn Dinkmeier
- Connie Gleason
- Chris Johansen
- Terri Johnson
- Carole Laski
- Mauri McCabe
- Steve Peters
- Tami Tyas

Summer Musical Tidbits

Average Audience Members per Night - 876
(8th in attendance per show)

Total Attendance - 8,761
(9th in overall attendance)
Wellness, Productivity & You!!

Productivity--Start Slowly

If you treat your work like a marathon rather than a sprint, you’ll get more done in less time. Start by warming up with a few easy tasks, and slowly increase your pace until you hit a comfortable rhythm.

Be sure to take frequent, short breaks in order to avoid fatigue and vulnerability to distractions. Simple distractions can turn into procrastination. And procrastination usually keeps you from work longer than planned breaks would.

Wellness Savvy Works

It isn’t your wealth of medical knowledge but rather how you apply the common sense of healthy living in order to stay fit and lead the race toward a long life of enjoyment with family and friends. Here are just a few one-liners that can lead to a happier, healthier you!!

If you reduce caloric intake too quickly, a starvation/binge cycle can begin, so set realistic goals for dieting, and ease into it.

Exhaustion can make you want high-calorie foods.

Always eat breakfast. If you don’t, you risk overeating at lunch or later in the day. If you aren’t hungry first thing in the morning, head out the door with something nutritious in hand that you can eat on the way to or at work.

Since stress can be a trigger for binges, try short exercise breaks. One study showed that a brisk walk could overcome chocolate cravings and can even reduce other food cravings as well.

(FrontLine Employee, February 2009)

Water & Environmental Center Enters Second Construction Phase

Groundbreaking ceremonies to kick off second stage expansion of the William A. Grant Water & Environmental Center were held Thursday, June 24 with the assistance of board members and local city officials.

The expansion is the result of a $3 million federal grant from the Economic Development Administration with other funding from the Port of Walla Walla, Walla Walla County, State Capital Construction funds, and the Washington State Department of Commerce. Occupancy is expected in July 2011.

The project will add approximately 16,000 square feet of space to the original 10,000 square foot building dedicated in October 2007.

Around Campus

Designed to provide simulation rescue and emergency training, a new repelling wall has been installed in the Dome, according to Don Miller, Grant Management and Tech Prep Coordinator.

“Fifteen students have already completed the training,” Miller said, “and we anticipate upcoming industry collaboration that will provide on-site training to existing, functioning wind towers.”

Workers need to be able to walk on the nacelle (top of the tower) and undo lockout pins to repair fixtures.

Six to eight other safety training components will be added to the program.

Future wind turbine workers learn how to rescue co-workers and remove an injured person from a potentially dangerous situation on the repelling wall in the Dome.
Spotlighting... our staff

Carol Bennett, Coordinator
Student Services, Clarkston

Carol Bennett grew up on the family farm three miles south of Winchester, Idaho and attended Winchester schools through the seventh grade. At that point, the three local schools (Winchester, Reubens, and Craigmont) were consolidated into Highland School where Carol graduated in 1968.

“My only spouse is Earl H. Bennett,” Carol states jokingly. “He is a geologist who worked for 20+ years as the Idaho state geologist. He then retired as the Dean of College Science at the University of Idaho in 2005. Since that time, he has served as a trustee for the Idaho Historical Society, and is also the historian for Genesee, the town where we have lived for 36 years.”

Carol’s favorite movie was the Raiders of the Lost Ark series with Harrison Ford. As far as a favorite book, Earl says Carol is in her “reading phase” and is currently listening to Harlan Coben’s Caught.

“I always have a book with me for those times we end up waiting wherever we go,” Carol says. “I haven’t purchased a Kendal yet but I do have a manual Kendal that holds the book while you turn the pages manually.”

As far as the most interesting places she’s ever visited, Carol singles out China, Greece, and Morocco “where we actually ended up hitchhiking with a rug merchant who smoked like a chimney from Agamemomns tomb back to Athens because we missed the last bus!! Oops--my fault,” she admits.

Slowing down and enjoying life seems to be Carol’s perfect fit for her retirement years. She likes to “spend a little uninterrupted time at home” when she relaxes and leaves the cares of the college behind.

Casually touring the United States is at the top of her list of things in life still to do, see, and/or accomplish. “Retirement is on the horizon (I’ve worked for the college for, I think it will be 36 years--OUCH!!), and I think that will be a retirement activity.”

One other activity that will definitely be included in their retirement plans--“I like to be outdoors, especially during huckleberry season--”. So it sounds like huckleberry pies, jam and cobbler will be on that lengthy To Do List!

Enjoy a Safe and Happy Summer!!

Students Appreciate Orientation Sessions

Fall student orientation sessions and new online orientation have added options for students registering for classes.

“After the first two of four sessions, 219 new students have gone through orientation and registered for fall,” according to Melissa Harrison, coordinator for the events. “Online orientation has already benefited 106 new students.”

According to one student’s evaluation comment, “Everything was easy and the classes were great.” Another student noted, “All the information I learned today was both helpful and useful.” Still another reported, “I didn’t know there were so many services that will be of help to me.”

“Footloose” Quilt Raffle Winner:
Alyssa Shenefield
Walla Walla
Gator
Donna Dee