

**IMPACT! SERVICES:**

IMPACT! Life Transitions Class

Counseling and Life Coaching

Community Resources

Work Readiness Skills

Plan of Action

86% of IMPACT! graduates

have found employment

and/or entered college

**IMPACT!  
LIFE TRANSITIONS PROGRAM**

P.O. Box 181  
College Place, WA 99324

509-240-4006  
york.deana@yahoo.com

**Now  
What?**

**IMPACT!**

*Life Transitions Program*



**509-240-4006**

Facing Obstacles?  
Relationship Problems?  
Personal Setbacks?  
Unemployed?  
In a job that's going nowhere?



If you have found that you need to make some life changes, learn how to support yourself, or need to re-enter a workforce for which you are not prepared, we can help! IMPACT! gives you the opportunity to explore who you are and what you need or want before making a life-changing decision. We are a work/school readiness program dealing with people in transition. We are different from other services because we work one-on-one with you and specifically address your core issues. We help you build a bridge to a new life through coaching, counseling, and mentoring.



## IMPACT! CLASSES:

Who am I?  
Change  
Self-Esteem  
Communication Skills  
Interests & Abilities  
Goal Setting & Decision Making  
Time & Stress Management  
Money Management  
Job Applications  
Resumes & Cover Letters  
Interviewing  
Plan of Action

## WHAT CAN I EXPECT?

Safety and Confidentiality

Ongoing Support

IMPACT! may be what you're looking for to help you make the most of your future.

IMPACT! services are **FREE**



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