Research tells us that helping children bond and seeing parents/adults model healthy beliefs and clear standards make it more likely that children will grow up healthy.
GOAL #1
CREATE THE NORM OF VALUING PARENTING

POTENTIAL PROBLEM BEHAVIOR: CHILD ABUSE/NEGLECT

Good News: Abuse & Neglect Cases Are Down

<table>
<thead>
<tr>
<th></th>
<th>2006</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neglect, Sexual &amp; Physical Abuse Investigations</td>
<td>1023</td>
<td>856</td>
</tr>
<tr>
<td># Victims (investigated/founded)</td>
<td>676/105</td>
<td>484/89</td>
</tr>
<tr>
<td>Adult DV Cases</td>
<td>460</td>
<td>437</td>
</tr>
<tr>
<td>Protection Orders</td>
<td>408</td>
<td>430</td>
</tr>
</tbody>
</table>

But...Economic Deprivation is Biggest Risk Factor

% Change from '04 to '07
- Median Housing: ↑38%
- Household Income: ↑13%
- Affordability Index: ↑22%

RISK FACTORS: THINGS THAT MAKE IT MORE LIKELY MY CHILD WILL BE ABUSED

MY CHILD HAS:
- Neurophysiological deficits
- Difficult temperament
- Chronic physical illness
- Mental health problems
- Isolation from other adults

MY FAMILY HAS:
- Marital discord
- Family history of abuse
- Large family/overcrowding
- Paternal criminality
- Maternal mental illness

MY SCHOOL HAS:
- Overcrowding
- Inattentive teachers
- Lack of mental health support

IN WW:
- Availability of drugs & guns
- Laws & norms favorable to violence & drug use
- Extreme economic deprivation
- Lack of mental health care

PROTECTIVE FACTORS: THINGS I CAN DO TO PREVENT MY CHILD FROM BECOMING ABUSED

MY CHILD HAS:
- Social support system
- Connections to adults

MY FAMILY HAS:
- Close relationships
- Social support system
- Positive coping skills

MY SCHOOL HAS:
- Attentive staff
- Responsive to mental health needs

IN WW:
- Social support for families
- Access to consistent health care
- Drug treatment programs
- Prevention services
- Accessible parenting classes
GOAL #2  
CREATE A NORM OF ECONOMIC WELL-BEING  
to Support Strong Families

POTENTIAL PROBLEM BEHAVIOR: DELINQUENCY &  
TEEN PREGNANCY

If you want to buy a home:  
- Typically earn 70% of median household income, WW  
  median is $46K, you earn just under $35  
- With a 10% down payment, you can afford a home priced  
  at $125,800  
- 15% of current homes fall in that range in WW

If you want to rent a house:  
- Fair market rent for a 2-bdrm. apartment is $643/mo.  
- To spend 30% of your income on rent, your monthly  
  income would need to be $2,063, which is $11.90/hr.  
  Minimum wage is $8.07/hr.  
- 51% of current rentals fall in that price range in WW

RISK FACTORS: WHAT MAKES IT MORE LIKELY MY  
CHILD WILL GET IN TROUBLE

MY CHILD HAS:  
- Alienation, rebelliousness  
- Delinquent friends  
- Favorable attitudes  
- Early initiation of behavior  
- Genetic predispositions

MY FAMILY HAS:  
- Family history  
- Family management problems  
- Family conflict  
- Favorable parental attitudes  
- Parental involvement in behaviors

MY SCHOOL HAS:  
- Early persistent anti-social behaviors  
- Academic failures  
- Lack of commitment

IN WW:  
- Availability of firearms  
- Laws favorable to crime  
- Transitions & mobility  
- Community disorganization  
- Extreme poverty

PROTECTIVE FACTORS: THINGS I CAN DO TO  
MAKE IT LESS LIKELY

MY CHILD HAS:  
- After-school activities  
- Positive future plans  
- Like-minded friends

MY FAMILY HAS:  
- Communicated high academic expectations  
- Communicated high behavioral expectations  
- Encouraged goal-setting, academic achievement, & positive  
  social development

MY SCHOOL HAS:  
- Provided leadership opportunities  
- Fostered active involvement of students & parents  
- Sponsored substance-free events

IN WW:  
- Provided leadership opportunities  
- Fostered active involvement of students, parents, &  
  community  
- Resources available
GOAL #3
CREATE THE NORM THAT EVERY CHILD IS A CRITICAL RESOURCE

POTENTIAL PROBLEM BEHAVIOR: DEPRESSION/ANXIETY & SUICIDE

Youth Reported Risk Factors¹

<table>
<thead>
<tr>
<th>Grades</th>
<th>6</th>
<th>8</th>
<th>10</th>
<th>12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bullying</td>
<td>36%</td>
<td>30%</td>
<td>21%</td>
<td>15%</td>
</tr>
<tr>
<td>Depression</td>
<td>—</td>
<td>27%</td>
<td>33%</td>
<td>24%</td>
</tr>
<tr>
<td>Suicidal Thoughts</td>
<td>—</td>
<td>14%</td>
<td>11%</td>
<td>10%</td>
</tr>
</tbody>
</table>

¹Healthy Youth Survey, 2006

Youth Reported Risk Factors²

<table>
<thead>
<tr>
<th>% Reported</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anger impacts decision-making</td>
</tr>
<tr>
<td>Depression</td>
</tr>
<tr>
<td>Suicidal Thoughts</td>
</tr>
</tbody>
</table>

²Lincoln High School, 2007

RISK FACTORS: THINGS THAT MAKE IT MORE LIKELY MY CHILD WILL BE DEPRESSED

MY CHILD HAS:
- Neurophysiological deficits
- Difficult temperament
- Chronic physical illness
- Below average intelligence

MY FAMILY HAS:
- Marital discord
- Social disadvantage
- Large family/overcrowding
- Paternal criminality
- Maternal mental illness
- Placed in foster care

MY SCHOOL HAS:
- Overcrowding
- Early academic failures
- School demoralization
- Aggressive peers

IN WW:
- Availability of drugs & guns
- Laws & norms favorable to violence & drug use
- Extreme economic deprivation
- Lack of mental health care

PROTECTIVE FACTORS: THINGS I CAN DO TO PREVENT MY CHILD FROM BECOMING DEPRESSED

MY CHILD HAS:
- Positive temperament
- Above average intelligence
- Social competence

MY FAMILY HAS:
- Close relationships
- Early cognitive stimulation
- Social support system

MY SCHOOL HAS:
- Promotes mastery
- Promotes literacy
- Responsive to mental health needs

IN WW:
- Social support for families
- Access to consistent health care
- Drug treatment programs
- Prevention services
GOAL #4
Create a Norm of Zero Tolerance for Drugs & Alcohol for Youth

POTENTIAL PROBLEM BEHAVIOR: SUBSTANCE ABUSE

<table>
<thead>
<tr>
<th>30-DAY USE</th>
<th>6th Grade</th>
<th>8th Grade</th>
<th>10th Grade</th>
<th>12th Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drank Alcohol</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>WW County</td>
<td>6%</td>
<td>17%</td>
<td>33%</td>
<td>47%</td>
</tr>
<tr>
<td>WA State</td>
<td>4%</td>
<td>15%</td>
<td>33%</td>
<td>42%</td>
</tr>
<tr>
<td>Used Marijuana</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>WW County</td>
<td>2%</td>
<td>5%</td>
<td>14%</td>
<td>24%</td>
</tr>
<tr>
<td>WA State</td>
<td>2%</td>
<td>7%</td>
<td>18%</td>
<td>22%</td>
</tr>
<tr>
<td>Smoked Cigarettes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>WW County</td>
<td>2%</td>
<td>6%</td>
<td>12%</td>
<td>24%</td>
</tr>
<tr>
<td>WA State</td>
<td>2%</td>
<td>6%</td>
<td>15%</td>
<td>20%</td>
</tr>
</tbody>
</table>

RISK FACTORS: THINGS THAT MAKE IT MORE LIKELY MY CHILD WILL USE DRUGS

**MY CHILD HAS:**
- Friends who use drugs
- Things drugs are "cool"
- Begins using at a young age
- Alienation or rebelliousness
- Sensation-seeking personality

**MY FAMILY HAS:**
- Family members who use drugs
- Family history of drug use
- Permissive parents
- Many family conflicts

**MY SCHOOL HAS:**
- High student drug use
- High drop-out rate
- Persistent problem students
- No sense of belonging

**IN WW:**
- Drugs available
- Laws not enforced
- Poverty
- No sense of connection
- High mobility/transitions

PROTECTIVE FACTORS: THINGS I CAN DO TO MAKE IT LESS LIKELY

**MY CHILD HAS:**
- Drug-free activities
- Positive future plans
- Friends who disapprove of drugs
- Views of parents, teachers, doctors & police officers as role models

**MY FAMILY HAS:**
- Close family relationships
- Involved in school, education valued
- Positive coping with stress
- Clear expectations about drugs
- Shares family responsibilities
- Nurturing & supportive

**MY SCHOOL HAS:**
- High expectations
- Goal-setting, achievement
- Positive social development
- Leadership opportunities
- Active involvement with families

**IN WW:**
- Community involvement
- Laws enforced
- Service opportunities
- Resources available
GOAL #5
Create a Norm of Valuing Education, Both in School & at Home

POTENTIAL PROBLEM BEHAVIOR: DROPPING OUT OF SCHOOL

4th grade WASL may be a good indicator to watch because early childhood neglect and abuse impacts language, math, verbal memory and thinking/judgment. So, 4th grade math and language scores may give us some clues about pre-school conditions for children. While our scores are improving, the proportion of children doing poorly on 4th grade WASL is in the worst quartile compared to other counties in the state.

<table>
<thead>
<tr>
<th>Year</th>
<th>WW County</th>
<th>WA State</th>
</tr>
</thead>
<tbody>
<tr>
<td>2003</td>
<td>73.81</td>
<td>65.56</td>
</tr>
<tr>
<td>2004</td>
<td>72.20</td>
<td>56.39</td>
</tr>
<tr>
<td>2005</td>
<td>66.41</td>
<td>54.78</td>
</tr>
<tr>
<td>2006</td>
<td>61.69</td>
<td>52.83</td>
</tr>
</tbody>
</table>

RISK FACTORS: WHAT MAKES IT MORE LIKELY MY CHILD WILL DROP OUT

**MY CHILD HAS:**
- Early persistent anti-social behavior
- Academic failures starting in elementary school
- Lack of commitment to school

**MY FAMILY HAS:**
- Not involved in school activities
- Low education level
- Low expectations
- Encourages absences

**MY SCHOOL HAS:**
- Students exhibit persistent problem behaviors
- High #s of students who fail academically
- Lack of commitment among students & teachers

**IN WW:**
- Low expectations
- Lack of commitment for both supplies & students

PROTECTIVE FACTORS: THINGS I CAN DO TO MAKE IT LESS LIKELY MY CHILD WILL DROP OUT

**MY CHILD HAS:**
- After-school activities
- Positive future plans
- Like-minded friends

**MY FAMILY HAS:**
- Communicated high academic expectations
- Communicated high behavioral expectations
- Encouraged goal-setting, academic achievement, & positive social development

**MY SCHOOL HAS:**
- Provided leadership opportunities
- Fostered active involvement of students & parents
- Sponsored substance-free events

**IN WW:**
- Provided leadership opportunities
- Fostered active involvement of students & parents
- Sponsored substance-free events
GOAL #6
CREATE THE NORM OF COMMUNITY CONNECTION

POTENTIAL PROBLEM BEHAVIOR: DELINQUENCY & TEEN PREGNANCY

Good News: Overall Juvenile Crime is Down

<table>
<thead>
<tr>
<th>Category</th>
<th>WW</th>
<th>WA</th>
</tr>
</thead>
<tbody>
<tr>
<td>TOTAL ARRESTS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% Change 98-02</td>
<td>Down 30.4%</td>
<td>Down 29.3%</td>
</tr>
<tr>
<td>% Change 02-06</td>
<td>Down 13.5%</td>
<td>Down 5.8%</td>
</tr>
<tr>
<td>VIOLENT OFFENSES</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% Change 97-02</td>
<td>Down 2.1%</td>
<td>Down 36%</td>
</tr>
<tr>
<td>% Change 02-06</td>
<td>Down .2%</td>
<td>Down .1%</td>
</tr>
<tr>
<td>PROPERTY CRIME</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% Change 98-02</td>
<td>Down 17.4%</td>
<td>Down 14.1%</td>
</tr>
<tr>
<td>% Change 02-06</td>
<td>Down 8.5%</td>
<td>Down 3.8%</td>
</tr>
</tbody>
</table>

But...Gang Activity is up & More Aggressive

<table>
<thead>
<tr>
<th>Year</th>
<th># of Gang-Related Crimes</th>
<th>Truancy Petitions Filed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>WW</td>
</tr>
<tr>
<td>2008</td>
<td>151 (through Aug.)</td>
<td>89</td>
</tr>
<tr>
<td>2007</td>
<td>120</td>
<td></td>
</tr>
<tr>
<td>2006</td>
<td>52</td>
<td>88</td>
</tr>
<tr>
<td>2005</td>
<td>72</td>
<td>66</td>
</tr>
<tr>
<td>2004</td>
<td>39</td>
<td>53</td>
</tr>
<tr>
<td>2003</td>
<td>39</td>
<td>66</td>
</tr>
</tbody>
</table>

RISK FACTORS: THINGS THAT MAKE IT MORE LIKELY MY CHILD WILL BE VIOLENT

MY CHILD HAS:
- Friends who are violent
- Early initiation of violence
- Constitutional factors

MY FAMILY HAS:
- History of violence
- Management problems
- High conflict
- Favorable attitudes

MY SCHOOL HAS:
- Early persistent anti-social behaviors
- Early academic failures
- Lack of commitment

IN WW:
- Availability of drugs & guns
- Laws & norms favorable to violence
- Media portrayals of violence
- Low neighborhood attachment
- Extreme economic deprivation

PROTECTIVE FACTORS: THINGS I CAN DO TO PREVENT MY CHILD FROM BECOMING VIOLENT

MY CHILD HAS:
- Positive future plans
- Friends who disapprove of violence
- Views parents, teachers, doctors & police officers as role models

MY FAMILY HAS:
- Close family relationships
- Involved in school, education valued
- Positive coping with stress
- Shares family responsibilities
- Nurturing & Suportive

MY SCHOOL HAS:
- High expectations
- Goal-setting, achievement
- Positive social development
- Active involvement with families

IN WW:
- Community involvement
- Laws enforced
- Service opportunities
- Leadership opportunities
- Resources available
### WHERE CAN I GO FOR HELP?

#### WHEN SOMEONE IS HURTING ME?
- **Adult Protective Services, 18 & older** 524-4906
- **Central Oregon Battering & Rape Alliance** 1-800-356-2369
- **College Place Police Department** 525-7773
- **Columbia County Sheriff’s Office** 382-2518
- **Milton-Freewater Police Department** 938-5511
- **Oregon Domestic Violence Crisis Line** 1-800-833-1161
- **Oregon SafeNet** 1-800-SafeNet
- **Umatilla County Sheriff’s Office** 1-541-966-3651
- **Walla Walla County Sheriff’s Office** 524-5400
- **Walla Walla Police Department** 527-4434
- **WA Domestic Violence Hot Line** 1-800-562-6025
- **YWCA 24-hr Crisis Line, Domestic Violence** 529-9922
- **Victims**
  - **Birthright** 529-8678
  - **Family Medical Center** 525-6650
  - **Oregon Pregnancy Care Services** 1-541-276-5757
  - **Oregon Pregnancy Hotline** 1-800-234-4658
  - **Oregon SafeNet** 1-800-SafeNet
  - **Planned Parenthood Center** 529-3570
  - **Walla Walla Health Department** 524-2650
  - **Women’s Center** 529-8444

#### WHEN I’m PREGNANT AND DON’T KNOW WHAT TO DO?
- **Birthright** 529-8678
- **Family Medical Center** 525-6650
- **Oregon Pregnancy Care Services** 1-541-276-5757
- **Oregon Pregnancy Hotline** 1-800-234-4658
- **Oregon SafeNet** 1-800-SafeNet
- **Planned Parenthood Center** 529-3570
- **Walla Walla Health Department** 524-2650
- **Women’s Center** 529-8444

#### WHEN ALCOHOL OR OTHER DRUGS ARE A PROBLEM?
- **Alcoholics Anonymous** 522-5059
- **Department of Human Services** 524-2920
- **Eastern Oregon Alcohol Foundation** 1-541-276-3518, ext 300
- **Heart Connections** 529-7730
- **Narcotics Anonymous** 522-7842
- **OR Alcohol & Drug 24-Hr Hot Line** 1-800-621-1646
- **Serenity Point Counseling Services** 529-6030
- **Umatilla County Detox Center** 1-541-278-2558
- **WA Alcohol & Drug 24-Hr Hot Line** 1-800-278-2558
- **Wainwright Memorial VA Medical Center** 525-5200

#### WHEN MY TEENAGER IS TOO MUCH TO HANDLE?
- **Children’s Home Society** 529-2130
- **Umatilla County Youth Investment Program** 1-541-278-5486
- **WA Department of Human Services** 524-2920
- **WA Children & Family Services** 524-4900

#### WHEN I FEEL LIKE SUICIDE OR THINK THAT SOMEONE ELSE DOES?
- **Emergency** 911
- **Oregon Suicide Hotline** 1-800-452-5413
- **Oregon Crisis Center** 1-800-452-5413
- **Walla Walla Crisis Response Unit** 524-2999

#### WHEN SOMEONE IN MY FAMILY IS MENTALLY ILL?
- **Eastern Oregon Psychiatric Center** 1-541-276-0810
- **Easter Oregon Children’s Multi-Treatment** 1-541-276-0057
- **WA Department of Human Services** 524-2920
- **Walla Walla Alliance for the Mentally Ill** 529-6160

#### WHEN I FEEL LIKE I NEED SOMEONE TO TALK TO?
- **Oregon SafeNet** 1-800-SafeNet
- **Umatilla County Mental Health Program** 938-3988
- **Walla Walla Co. Dept of Human Services** 524-2920

#### WHEN I’M NOT SURE WHO TO CALL ABOUT SERVICES?
- **Blue Mountain Action Council** 529-4980
- **DSHS - Community Service Office** 522-4297
- **Helpline** 529-3377
- **Oregon CAPECO** 1-800-752-1139
- **Walla Walla Co. Dept. of Human Services** 524-2920

#### WHEN I NEED SERVICES BECAUSE OF DISABILITY?
- **DSHS - Div. of Development Disabilities** 526-2580
- **M-F Senior/Disabled Taxi Tickets** 938-5531
- **OR Dept. of Human Services - Disabilities** 938-6627
- **E Oregon Center for Independent Living** 1-541-276-7541
## WHERE CAN I GO FOR HELP?

### WHEN I NEED CHILDCARE SO I CAN GO TO SCHOOL OR WORK?

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Care Resource &amp; Referral - local</td>
<td>527-4333</td>
</tr>
<tr>
<td>Toll-Free Phone Number</td>
<td>1-877-527-4333</td>
</tr>
<tr>
<td>WA DSHS - Family Services</td>
<td>524-4900</td>
</tr>
<tr>
<td>Lillie Rice Center, Inc.</td>
<td>525-3532</td>
</tr>
<tr>
<td>Oregon Child Development Coalition</td>
<td>938-3170</td>
</tr>
<tr>
<td>YWCA Adventure Club</td>
<td>525-2570</td>
</tr>
</tbody>
</table>

### WHEN I WANT TO GET MY GED?

<table>
<thead>
<tr>
<th>Institution</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Mountain Community College</td>
<td>938-4494</td>
</tr>
<tr>
<td>Lincoln Alternative High School</td>
<td>527-3083</td>
</tr>
<tr>
<td>Walla Walla Community College</td>
<td>527-4262</td>
</tr>
</tbody>
</table>

### WHEN I NEED HELP WITH MY AGING PARENTS?

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Day Center</td>
<td>527-0771</td>
</tr>
<tr>
<td>Aging &amp; Long Term Care</td>
<td>529-6470</td>
</tr>
<tr>
<td>M-F Senior/Disabled Taxi Tickets</td>
<td>938-5531</td>
</tr>
<tr>
<td>Milton-Freewater Senior Citizens Center</td>
<td>938-3311</td>
</tr>
<tr>
<td>OR Dept. of Human Services - Seniors</td>
<td>938-6627</td>
</tr>
<tr>
<td>Senior Round Table - provides meals</td>
<td>527-3775</td>
</tr>
<tr>
<td>WA DSHS-Home &amp; Community Services</td>
<td>524-4960</td>
</tr>
<tr>
<td>Walla Walla Meals on Wheels</td>
<td>527-8263</td>
</tr>
<tr>
<td>Walla Walla Senior Citizens Center</td>
<td>527-3775</td>
</tr>
<tr>
<td>Walla Walla Wheels on Meals</td>
<td>527-8263</td>
</tr>
</tbody>
</table>

### WHEN I NEED LEGAL ADVICE AND CAN'T AFFORD IT?

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Mountain Action Council</td>
<td>529-4980</td>
</tr>
<tr>
<td>Columbia Legal Services</td>
<td>1-800-572-8716</td>
</tr>
<tr>
<td>Northwest Justice Project</td>
<td>1-888-201-1014</td>
</tr>
<tr>
<td>NW Immigrants Rights Project</td>
<td>1-800-756-3641</td>
</tr>
<tr>
<td>Oregon Attorney Generals Office</td>
<td>1-877-877-9392</td>
</tr>
<tr>
<td>Oregon Legal Aid</td>
<td>1-800-843-1115</td>
</tr>
<tr>
<td>WA Attorney Generals Office</td>
<td>1-800-551-4636</td>
</tr>
</tbody>
</table>

### WHEN I NEED PARENTING SUPPORT?

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children’s Home Society</td>
<td>529-2130</td>
</tr>
<tr>
<td>Children &amp; Family Services</td>
<td>524-4900</td>
</tr>
<tr>
<td>Good Samaritan Ministries</td>
<td>529-2322</td>
</tr>
<tr>
<td>Office of Support Enforcement</td>
<td>1-800-345-9981</td>
</tr>
<tr>
<td>WWCC Parent Education Programs</td>
<td>527-4237</td>
</tr>
</tbody>
</table>

### WHEN I CAN’T HANDLE MY PRESCHOOLER?

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children’s Home Society of WA</td>
<td>529-2130</td>
</tr>
<tr>
<td>Catholic Children &amp; Family Services</td>
<td>525-0572</td>
</tr>
<tr>
<td>Christian Counseling Center</td>
<td>527-2310</td>
</tr>
<tr>
<td>Division of Children &amp; Family Services</td>
<td>524-4900</td>
</tr>
<tr>
<td>Oregon Head Start</td>
<td>938-6129</td>
</tr>
<tr>
<td>Walla Walla Co. Dept. of Human Services</td>
<td>524-2920</td>
</tr>
<tr>
<td>Walla Walla parent Co-op Pre-School</td>
<td>527-4237</td>
</tr>
</tbody>
</table>

### WHEN I NEED CONFIDENTIAL INFORMATION, FREE TESTING, OR SUPPORT FOR AIDS/HIV?

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Mountain Heart to Heart</td>
<td>529-4744</td>
</tr>
<tr>
<td>Family Medical Center</td>
<td>525-6650</td>
</tr>
<tr>
<td>Planned Parenthood</td>
<td>529-3570</td>
</tr>
<tr>
<td>Walla Walla City/Co. Health Dept.</td>
<td>524-2650</td>
</tr>
<tr>
<td>Oregon SafeNet</td>
<td>1-800-SafeNet</td>
</tr>
<tr>
<td>OR Aids &amp; STD Hotline</td>
<td>1-800-777-2437</td>
</tr>
</tbody>
</table>

### WHEN I NEED A DOCTOR, DENTAL CARE OR MEDICINE AND CAN’T AFFORD IT?

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>DSHS - Community Service Office</td>
<td>522-4297</td>
</tr>
<tr>
<td>Family Medical Center</td>
<td>525-6650</td>
</tr>
<tr>
<td>Helpline</td>
<td>529-3377</td>
</tr>
<tr>
<td>Oregon SafeNet</td>
<td>1-800-SafeNet</td>
</tr>
<tr>
<td>SOS Clinic - Help Line</td>
<td>529-6889</td>
</tr>
<tr>
<td>SOS Dental - call Helpline</td>
<td>529-3377</td>
</tr>
</tbody>
</table>
## WHERE CAN I GO FOR HELP?

### ...WHEN I NEED SUPPORT IN PARENTING MY DISABLED CHILD?
- Birth to Three: 524-2920
- DSHS-Div. of Developmental Disabilities: 526-2580
- Learning Disabilities Assoc. of WA: 1-800-536-2343
- Lillie Rice Center: 525-3532
- Parent to Parent: 524-2920
- Valley Residential Services: 522-0400
- Walla Walla Health Department: 524-2650
- Oregon Special Olympics: 938-7821

### ...WHEN I NEED TRANSPORTATION?
- Dial-A-Ride: 527-3779
- Milton-Freewater Transportation Services: 938-5531
- People for People Medicaid Transportation: 1-800-233-1624
- Transportation Solutions Wheelchair Transport: 509-386-4983
- Valley Transit: 525-9140

### ...WHEN I CAN'T STOP HURTING THOSE I LOVE?
- WA Child Protective Services: 524-4906
- Perpetrator Treatment - Spanish & English: 509-248-7796
- Parents Anonymous Help Line: 1-800-932-HOPE
- Umatilla County Crisis Center: 1-800-452-5413

### ...WHEN I AM HOMELESS OR IN DANGER OF EVICTION?
- Blue Mountain Action Council: 529-4980
- Christian Aid Center: 525-7153
- Oregon - CAPECO: 1-800-752-1139
- Walla Walla Help Line: 529-3377
- Walla Walla Salvation Army: 529-9470
- Walla Walla Housing Authority: 527-4542
- YWCA 24-hr Crisis Line: 529-9922

### ...WHEN I NEED TO GET A JOB?
- Blue Mountain Action Council: 529-4980
- Goodwil Industries: 525-5992
- Horizon Project, Inc.: 938-5658
- IMPACT! Displaced Homakers Program: 524-5166
- Lillie Rice Center: 525-3532
- Oregon - CAPECO: 1-800-752-1139
- WA Vocational Rehabilitation: 526-2590
- WA Div.of Developmental Disabilities: 526-2590
- WorkSource of Walla Walla: 527-4393
- WorkSource of Milton-Freewater: 938-3373

### ...WHEN I SUSPECT CHILD ABUSE?
- WA Child Protective Services: 1-800-643-4159
- Oregon Children's Services: 1-800-547-3897
- College Place Police Department: 525-7773
- Columbia County Sheriff's Office: 382-2518
- Milton-Freewater Police Department: 938-5511
- National Child Abuse Hotline: 1-800-422-4453
- Umatilla County Sheriff’s Office: 541-966-3651
- Walla Walla County Sheriff’s Office: 524-5400
- Walla Walla Police Department: 527-4434

### ...WHEN MY CHILD WON'T GO TO SCHOOL?
- Division of Children & Family Services: 524-4900
- WA Juvenile Court Services: 524-2800
- Umatilla County Youth Investment Program: 1-541-278-5486

*Information in this flyer is provided for people living in Columbia, Walla Walla, and Umatilla Counties.*

*Revised 10/6/08 by Walla Walla County Juvenile Diversion Coordinator (509) 524-2817 for questions/help*