PSYCHOLOGY 100  
GENERAL PSYCHOLOGY  
COURSE SYLLABUS  

WINTER 2010  

Instructor:  
Cynthia Cowan-Grewe, M.A., LMHC  
Office Hours:  
9:30-9:50 a.m. or from noon-12:45 daily or by appointment in C290J. Or email me to schedule an appointment.  
Voice Mail:  
(253) 588-3603, Extension 3015.  
Email:  
CGrewe@Pierce.ctc.edu  

I prefer you have an email address to email modules (small quizzes) in to me. If computer skills or email access are a problem for you, please see me after class.  

This is a web-enhanced class. Please go to angel.pcd.edu to sign in. Once you sign in, you will automatically be able to choose my Psychology 100 site. Go there for chapter outlines, assignments, extra credit assignments, to see your grades, and calendar.  

REQUIRED TEXT  
CD Psyk.Trek 2.0 or 3.0 is also required. It is sold next to the textbook at the bookstore, or can be borrowed at the library for the quarter.  
Student guide is not required, but is recommended.  

Helpful Study Website: http://www.wiley.com/college/huffman  
Chapter study guides, practice tests, interactive maps, web links.  
Other sites of interest:  
American Psychological Association (APA) http://www.apa.org  
Cybersychlink http://cctr.umkc.edu/~dmartin/psych2.html  
Psychweb http://www.psychwww.com  
Ethical Principles of Psychologists http://www.apa.org/ethics/code.html  

COURSE DESCRIPTION  
This course is an introduction to psychology.  

COURSE OBJECTIVE  
Upon completing the course, students will understand and be able to apply basic psychological concepts and theories.  

COURSE CONDUCT  
Class sessions will include lectures, discussions, in-class exercises and group activities. Students are expected to arrive on time and participate in course discussion.  
THE MOST IMPORTANT PART OF COURSE CONDUCT IS LISTENING WHILE ANOTHER PERSON HAS THE FLOOR. Consequences for not doing this are: 1. a verbal warning 2. an assigned seat 3. talking to vice-president of student learning before returning to class.  
Each student is responsible for getting notes and handouts from any missed classes.  

It is assumed that students will read the assigned chapters and do the PsykTrek modules before the lectures on those topics.
Class attendance is crucial to succeed in the course. Some material will be discussed in class that is not present in the textbook. Class attendance is valued at 10 points, which are considered extra credit points. For each class a student misses, the extra credit points will decrease by 2. If five classes are missed, no extra credit points are obtained. If seven classes are missed your course grade is reduced by 1.0 (one full letter grade), if eight or more classes are missed, your course grade is 0.0 (you fail the course). Repeated lateness will also decrease extra credit points at the discretion of the instructor. Also, you will not receive attendance credit if you are sleeping or reading a novel during class.

If you must miss a number of classes due to an extended illness or other circumstance, an incomplete may be considered at the discretion of the instructor. It is up to you to notify the instructor as soon as possible if this happens.

We will discuss how psychology applies to topics that may be controversial. Respect for differences of opinion is essential.

Academic honesty is crucial. Any students found cheating on tests or quizzes (sharing test/quiz information or obtaining it from another student) will fail the course. Students will also be failed for plagiarism (claiming someone else's work as your own).

Instructor reserves the right to modify course syllabus or requirements. Instructor will give students notice if there are modifications.

The last day to withdraw is so class will not show on transcript is Friday, Jan. 15. The last day to withdraw at all is Thursday, Feb. 18. Please discuss this with me by the day before if you are planning to withdraw.

**GRADING**

There are a total of four one hour exams and four ten minute quizzes. Exams and quizzes may consist of multiple choice, true false, definitions and essay questions. Exams will cover class lectures and assigned reading. You will need a scantron form from the bookstore for each test. Scheduled exam dates are contingent on amount of material covered and are subject to change. Students will be given advance warning if dates are changed. To take a makeup exam, you must present a documented, legitimate reason for missing the scheduled exam. Makeups are scheduled **BEFORE** the test. You **may only make up 1 exam** (unless there is an unusual circumstance such as hospitalization). You are expected to contact me before the exam date if you are going to miss it.

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<tr>
<td>200</td>
<td>4 Exams @ 50 points each</td>
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<td>90</td>
<td>30 PsykTrek module quizzes @ 3 points each</td>
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<td>40</td>
<td>4 quizzes</td>
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<td>30</td>
<td>3 article summaries @ 10 points each</td>
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<td>360</td>
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The Psyk.Trek Multimedia CD and the book will be the backbone of your studying for the course. The Psyk.Trek modules are interactive and visual. The modules will take a total of approximately 2 hours per week, and the quiz 10-15 minutes a week. Please note on PsykTrek learning module quizzes: **Your score should be 80% or better to get credit. If I receive your module via email by the time class starts on the day it is due, you get 3 points. If I receive it after class starts on the day it is due, you get 1 point.** This helps assure students are prepared for class discussions. Therefore, **YOU MUST TURN IN 30 OF THE 33 MODULES to pass the course.** That means you can miss 3 module quizzes. (There are 4 per week). If you miss more than that, you will not pass the course. Late
Psyk.Trek quizzes WILL NOT be accepted, unless you have a documented reason such as hospitalization.
GRADE DISTRIBUTION:

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COURSE OUTLINE AND READINGS

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<th>WEEK</th>
<th>DATES</th>
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<th>EMAIL MODULES AND TESTS</th>
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| Week 1 | Jan. 4-8 | Chapter 9 Lifespan Development  
         p. 293-295 Lang. Devel. in Chap. 8  
         (also see summary p. 322)  
         Chapter 10 Lifespan Development | Email PsykTrek quizzes (modules) to instructor by time class starts on day due.  
         Jan. 5-9A Prenatal Development, 9C Piaget  
         Jan. 6-9D Kohlberg, 9B Erikson |
| Week 2 | Jan. 11-15 | Chapter 10 Lifespan Development  
         Chapter 1 History of Psychology and Research Methods | Quiz 1 Wed. Jan. 13, Chapters 9 & 10  
         Jan. 15-2a Neuron, 2b Synaptic Transmission, 2d Hindbrain, 2e Forebrain, 2f Cortex, 2c Brain research |
| Week 3 | Jan. 19-22  
         No school Mon.  
         Jan. 18-Martin Luther King, Jr. Day | Chapter 2 Brain and Biological Foundations  
         Chapter 5 States of Consciousness | TEST 1 Tuesday, Jan. 19  
         Chapters 9, 10 & 1 |
| Week 4 | Jan., 25-29 | Chapter 5 States of Consciousness  
Chapter 6-Learning | Article 1 summary due Mon. Jan. 25 “What Can You Learn from a Drunk Monkey?” from library web site instructor course reserves  
Jan. 28-5a Classical Cond, 5b Basic Processes  
Jan. 29-5c Operant Cond, 5d Schedules of Reinforcement 5e Reinforcement & Punishment |
|---|---|---|---|
| Week 5 | Feb. 1-5 | Chapter 6-Learning  
Chapter 7 Memory  
Chapter 8 Thinking, Language and Intelligence | Quiz 2 Tuesday, Feb. 2 Chap. 2, 5, & 6  
Feb. 3- 6a Encoding, 6b Storage, 6c Physiology of Memory |
| Week 6 | Feb. 8-12 | Chapter 8 Thinking, Language and Intelligence  
Chapter 16 Social Psychology  
Chapter 11 Gender and Human Sexuality | TEST 2 Tues. Feb. 9 Chapters 2, 5, 6 & 7 |
| Week 7 | Feb. 16-19 | Chapter 11 Gender and Human Sexuality | Feb. 16-12a-Attribution, 12c-Attitude Change, 12d Prejudice |
| Week 8 | Feb. 22-26 | Chapter 11 Gender and Human Sexuality  
Chapter 13 Personality | Quiz 3 Fri. Feb. 26 Chapters 8, 16, & 11  
Feb. 25-Personality-10a Freudian Theory, 10c Humanistic Theory**both recommended but not required)  
Feb.26 -10b Behavioral Theory, 10d Biological Theory-both required |
| Week 9 | March 1-5 | Chapter 13 Personality  
Chapter 14 Psychological Disorders | Wed. March 3 11a Anxiety Disorders, 11b Mood Disorders, 11c Schizophrenic Disorders, 11e Behavioral and Biomedical Therapies-required (Insight Therapies 11D* **recommended but not required)  
Thurs. March 4 Article 2 summary due “The Hell of PTSD” library web site instructor course reserves  
Test 3 Friday, March 5 Chaps. 8, 16, 11 & 13 |
| Week 10 | March 8-12 | Chapter 14 Psychological Disorders  
Chapter 15 Therapies  
Chapter 12 Motivation and Emotion | **Wed. March 10** Article 3 summary due “Rays of Hope For Depression” if last name begins with A-L; “A Shock to the System” if last name begins with M-Z ) library web site instructor course reserves  
March 11-8a Hunger, 8b Achievement Motivation  8c Elements of Emotion, 8d Theories of Emotion  
**Quiz 4 Fri. March 12 Chapters 14 & 15** |
| Week 11 | March 15 & 16 | Chapter 12 Motivation and Emotion  
Chapter 3 Stress | **TEST #4 Chapters 14, 15, 12 & 3**  
Finals week |

If you have a documented disability that requires adaptation of the course to meet the course requirements, please let the instructor know as soon as possible.  
In case of emergency, please leave by the nearest exit and take all your possessions with you.