### Where Do I Go For Help?

#### Food & Housing
- Helpline Resource Referral: 509-529-3377
- Blue Mountain Action Council: 509-529-4980
- Christian Aid Center: 509-525-7153
- Jonathan Wainwright VA Center: 509-525-5200
- WA DSHS Community Service Office: 877-501-2233
- CSO Walla Walla Office: 509-394-1022
- Walla Walla Salvation Army: 509-529-9470
- Walla Walla Housing Authority: 509-527-4542
- Walla Walla Farm Labor Homes: 509-525-6853
- YWCA 24-hr Crisis Line: 509-529-9922
- WIC—Family Medical Center: 509-524-0422
- WIC—Walla Walla Community Health: 509-524-2650
- Milton-Freewater Freezer: 541-938-5595
- Milton-Freewater Bread Basket: 541-938-3158
- Milton-Freewater Transient Aid: 541-938-5511
- OR DHS SSP Food & Housing: 541-938-6627
- OR CAPECO: 800-752-1139
- OR SafeNet: 211
- Oregon Helping Hand: 541-276-3418
- Umatilla County Helping Authority: 509-221-6729
- Umatilla Co Youth Investment Program: 541-278-6291

#### Job Search
- Blue Mt. Action Council, 16 & older: 509-529-4980
- Goodwill Industries: 509-525-5992
- IMPACT! Displaced Homemakers Prgm: 509-524-5166
- STAR Project—for formerly in jail/prison: 509-525-3612
- WA Vocational Rehabilitation: 509-526-2590
- WA Div. of Developmental Disabilities: 509-526-2590
- WorkSource of Walla Walla: 509-527-4393
- WorkSource of Milton-Freewater: 541-938-3373
- WorkSource of Pendleton: 541-276-9050
- Oregon Vocational Rehabilitation: 541-276-6233
- OR CAPECO-Work Force Investment Act: 800-752-1139

#### Health Services
- Providence St Mary’s Medical Cntr: 509-525-3320
- Walla Walla General Hospital: 509-525-0480
- Jonathan Wainwright VA Center: 509-525-5200
- Health Center @ Lincoln, students: 509-525-0704
- Health Center @ Blue Ridge, students: 509-526-1798
- Walla Walla Community Health: 509-524-2650
- Dayton General Hospital: 509-382-2531
- Columbia Co Public Health Service: 509-382-2181
- St Anthony’s Hospital, Pendleton: 541-275-5211
- Umatilla Co Health Dept, Pendleton: 541-278-5432
- Oregon Health Plan-Cover Oregon: 800-699-9075
- Oregon ESD Early Intervention: 541-966-3113
- Oregon SafeNet: 211

#### Doctor & Dental Care
- Children’s Dental Group of WW: 509-525-2787
- WA DSHS Community Service Office: 877-501-2233
- Helpline: 509-529-3377
- SOS Clinic: 509-529-1481
- SOS Dental-call Helpline: 509-529-3377
- OR SafeNet: 211

#### Transportation
- Appointment Keepers Trans.: 509-522-5097
- Valley Transit Bus Service: 509-525-9140
- Valley Transit Dial-A-Ride: 509-527-3779
- Valley Transit Job Access: 509-527-3779
- Veterans Trans Service: 509-525-5200, x 22845
- Or toll free: 888-687-8863 x 22845
- Grapeland Bus Line, WW to Pasco: 877-433-4775
- People for People Medicaid Trans.: 800-233-1624
- Columbia Co Public Trans, Dayton to WW: 509-382-1647
- KAYAK Bus line between Umatilla Co & Walla Walla Co
- KAYAK Walla Walla Whistler, FREE: 541-276-6476
- Milton-Freewater City Bus to WW: 541-938-8243

### Assistance Available in Walla Walla - Vouchers

**Helpline**, 1520 Kelly Place, Suite 180, Walla Walla provides vouchers to Walla Walla food banks - *Monday—Friday, 9 — 11:45 am, 1 — 3:45 pm*

#### Food Pantries
- **Pantry Shelf**, 325 S. 1st Ave, Walla Walla, in basement of the First Presbyterian Church
  * Mondays, 3 — 5 pm
- **The Salvation Army**, 827 W. Alder St, Walla Walla
  * Tuesdays & Thursdays, 9:30 — 11:30 am & 1:30 — 3:30 pm
- **St. Vincent de Paul**, 308 W. Main St, Walla Walla
  * Monday, Wednesday, Friday 9:30 — 11:30 am

#### Meals
- **Christian Aid Center**, 202 W Birch St, Walla Walla
  * Breakfast: 7:30 am, dinner: 5:30 pm
- **Rising Sun Club House**, 1520 Kelly Place, WW
  * Lunch daily with suggested donation of $1
- **Pioneer Methodist Church**, 209 E Birch St, WW
  * Lunch Mondays: 11:30am — 1 pm
- **St. Paul’s Episcopal Church**, 323 Catherine St, WW
  * Lunch Tuesday & Thursdays at 11:30 am
- **First Congregational Church**, 73 S Palouse, WW
  * Lunch Wednesdays: 11:30 — 1 pm
- **New Beginnings Chapel**, 822 W. Main St, WW
  * Lunch Fridays: 11:30 — 1 pm

#### Shelter
- **The Christian Aid Center**, 202 W Birch St, WW
  * Single men age 18 & over
  * Women with children
  * Married couples with or without children
  * Single fathers w/children
- **Helpline—STEP shelter & YWCA**
  * Single women age 18 and over

### Veteran’s Services
- **Jonathan Wainwright VA Center**
  77 Wainwright Dr, WW
  Includes: mental health services, addiction recovery, medical treatment & housing

---

**For information about WA & OR Social Services**

**call 211**
Parenting Support

Comprehensive Health 509-524-2920
Blue Mt Counseling 509-382-1164
Catholic Children & Family Services 509-525-0572
Children’s Home Society of WA 509-529-2130
Christian Counseling Center 509-527-2510
Coconour Project Safe 877-339-4179
Walla Walla Co Juvenile Justice Center 509-524-2800
Family Support Group, alcohol/drugs 509-529-2130
Friends of Children of Walla Walla 509-527-4745
Good Samaritan Ministries 509-529-2322
Parent to Parent @ Lillie Rice Center 509-525-5433
The Mom’s Network 509-301-7471

Trilogy Recovery Community

Support for teens and their families 509-876-4525
Walla Walla Valley Early Learning Coalition 509-527-4453
WWCC Parent Education Programs 509-527-4237
Walla Walla Parent Co-op Preschool 509-527-4237
WA Div. Children & Family Services 509-524-4900
Oregon Head Start 509-938-6129
Umatilla Co Child Support Services 509-278-6280

Childcare

Adventure Club—YWCA 509-525-2570
Child Care Awareness 509-525-5744
Early Learning Center—CHS-WA 509-525-3532
My Friends House Preschool-YWCA 509-525-7034
WA Child Care Resource & Referral 509-527-4333
OR Child Care Resource & Referral 800-559-5878
OR Student Child Care Grant 800-452-8807
Oregon Child Development Coalition 509-938-3170

Activities for Children & Teens

4-H Clubs, Walla Walla Co. 509-524-2685
4-H Clubs, Columbia Co. 509-382-4741
4-H Clubs, Umatilla Co. 509-275-5433
Adventures Club—YWCA 509-525-2570
Boy Scouts of America 509-525-7578
Campfire Boys & Girls 509-525-3180
Children’s Home Society of WA 509-529-2139
Girls Council, elementary & MS girls 509-524-8845
Girl Scouts of America 800-967-8113
The Y of Walla Walla—YMCA 509-525-8863
Walla Walla Parks & Rec Programs 509-527-4527

Services for Disabled Children

Birth to Three @ ESD 888-547-8441
WA DSHS-DDA Dev Disabilities Admin 509-394-1070
Walla Walla Community Health 509-524-2650
Parent to Parent @ Lillie Rice Center 509-525-5433
Learning Disabilities Assoc of WA 425-882-0820
Valley Residential Services 509-522-0400
ARC of Umatilla County 866-600-7615
OR ESD Early Intervention/Special Ed 541-936-3111
OR Dept Community Human Serv-MF 541-938-6627
Oregon Special Olympics 509-524-5862
Umatilla Co Youth Investment Program 509-278-6291

Adulthood Services

ALTC-Aging & Disability Resources 509-529-6470
ALTC—Columbia Co 509-382-4787
WA DSHS-DDA Dev Disabilities Admin 509-394-1070
E. Center for Independent Living 877-711-1037
Horizon Project, Inc 509-383-5658
M-F Senior/Disability Taxi Tickets 509-383-5531
OR Dept Human Serv, seniors & disabled 509-383-4925
OR CAPECO Lifespan Respite Program 541-276-0542
OR Aging & Disability Resource Connect 855-673-2372
ARC of Umatilla County 866-600-7615

Senior Services

ALTC-Aging & Disability Resources 509-529-6470
ALTC—Columbia Co 509-382-4787
Walla Walla Senior Center at the Park 509-527-3775
Meals on Wheels-WW & Col. Counties 509-527-3775
Volunteer Chore Services 509-520-7290
Dayton Senior Center 509-382-2006
M-F Senior/Disability Taxi Tickets 509-383-5531
Milton-Freewater Senior Center 509-383-3311
Eastern OR Senior Companion Program 541-276-6474
OR Aging & People with Disabilities 800-442-4352
OR CAPECO Workforce Dept-Seniors 541-276-6474
US Social Security Office 800-772-1213

Information in this brochure is provided for people living in Walla Walla & Umatilla Counties
Questions/Changes—509-524-2817
Revised 11/6/2014

HS Diploma & GED Education Services

Walla Walla School District 509-527-3000
Walla Walla Community College-GED 509-522-2500
WWCC-Alternative Ed Program, 16-21 509-527-4242
WWCC-HS Diploma, 21 & over 509-527-4687
Blue Mountain Community College 541-938-4949
Milton-Freewater Campus 541-278-5803
Pendleton Campus 541-276-5827
Hermiston Campus 541-567-1800
Umatilla Co Youth Investment Program 541-278-6291

Legal Services

Blue Mountain Action Council 509-529-4980
Columbia Legal Services 888-201-9735
Neutral Ground Dispute Resolution Center 509-607-5409
Northwest Justice Project 888-201-1014
NW Immigrants’ Rights Project 509-854-2100
Walla Walla Co Crime Victim Advocates 509-524-4526
WA Court Appointed Special Advocates 509-524-2801
Oregon Legal Aid 800-843-1115
OR State Bar Legal Problem Solvers Prog 800-452-7636
OR Court Appointed Special Advocates 541-564-6878

Addiction & Recovery Services

Advocates for Wellness 509-783-8833
Alcoholics Anonymous 509-522-5059
Comprehensive Mental Health 509-529-2920
Jonathan Wainwright VA Center 509-525-5200
Serenity Point Counseling Services 509-529-6036
Trilogy Recovery Community 509-876-4525
Support for teens and their families 509-382-3112
WA DSHS—Family Services 509-524-4900
WA Alcohol & Drug 24-hr Hotline 800-278-2558
Blue Mountain Counseling 509-382-1164
Eastern Oregon Alcoholism Fdn 541-276-3518
Umatilla Co A & D Program, M-F Office 541-938-3988
Umatilla County Detox Center 541-278-2558
OR Alcohol & Drug 24-hr Hotline 800-621-1646
Gambling Addiction Hotline 800-233-8479
Narcotics Anonymous 800-766-3742

Youth Crisis Services

Triple Point - support for LGBTQ youth 509-529-2130
Walla Walla Co Homeless 509-528-2816
WA Cntr-Missing & Exploited Children 800-543-5678
OR Cntr-Missing & Exploited Children 800-282-7155
OR Youthline-teen to teen hotline 877-4A-CHILD
OR Crisis Center 800-452-5413
National Child Abuse Hotline 800-422-4453
National Runaway Safeline 800-786-2929

Mental Health Services & Supports

Comprehensive Mental Health 509-524-2920
Walla Walla Crisis Response Team 509-524-2999
Children’s Home Society of WA 509-529-1230
Catholic Charities 509-525-0572
Jonathan Wainwright VA Center 509-525-5200
Walla Walla Alliance for Mentally Ill 509-529-6160
Walla Walla Crisis Response Team 509-524-2999
Blue Mt Counseling—Columbia Co 309-382-1164
OR-Lifeways Counseling Services 541-276-6207

Support Services & Confidential Information

Blue Mt Heart to Heart 509-524-4744
Family Medical Center 509-525-6650
Planned Parenthood of Walla Walla 866-904-7721
Triple Point of Walla-LGBTQI 509-529-2130
Walla Walla Community Health 509-524-2640
Parents & Friends of Lesbians & Gays 509-529-4459
PFLAG Walla Walla 541-966-8414
Umatilla Co Youth Investment Program 541-278-6291

Reproductive & Pregnancy Support & Services

Walla Walla Community Health 509-524-2650
Family Medical Center 509-525-6650
Planned Parenthood of Walla Walla 866-904-7721
Women’s Center 509-529-8444
Birthright of Walla Walla 509-529-8678
Children’s Home Society of WA 509-529-2130
OR SafeNet 211